



# BREAKFAST

## OMELETS

### BUILD YOUR OWN OMELET

two cage free eggs & choice of vegetable, meat, or cheese

VEGETABLE: \$5.75 | MEAT: \$5.75

### INGREDIENTS

#### CHEESE:

cheddar, pepper jack, american, provolone, swiss

#### PROTEIN:

bacon, ham, sausage

#### VEGETABLES:

peppers, onions, mushrooms, broccoli, tomato, spinach

#### DENVER <sup>GF</sup>

two cage free eggs with ham, peppers, onions, cheddar cheese

\$6.00

#### SPINACH & MUSHROOM <sup>V GF</sup>

two cage free eggs with baby spinach, mushrooms, onions & feta cheese

\$6.00

#### PICADO <sup>GF</sup>

two cage free eggs with pico de gallo, jack cheese, avocado & bacon

\$6.00

## STEAK BREAKFAST BURRITO

chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa

\$6.75 | 670 CALS

## SWEET POTATO BURRITO <sup>VG DF</sup>

impossible sausage patty, sweet potato, spinach, green pepper, pico de gallo, avocado, spinach tortilla

\$6.75 | 520 CALS

## FEATURED

### TOMATO AVOCADO SMEAR <sup>V</sup>

sliced tomato & avocado atop a sesame bagel with a chive cream cheese smear

\$5.50 | 590 CALS



OFF TO THE RIGHT START

### HORCHATA SMOOTHIE <sup>VG GF</sup>

dates, banana, cinnamon, chia seeds, almond milk

\$5.00 | 360 CALS

## POPULAR

### ALL AMERICAN SANDWICH

cage free scrambled eggs, smoked bacon, american cheese, english muffin

\$5.75 | 510 CALS

### SAUSAGE TECATE WRAP

cage free scrambled eggs, sausage, cheddar cheese, pico de gallo, bell peppers, wheat wrap

\$6.00 | 550 CALS

## SIDES

BACON (2)  
\$2.25

SAUSAGE LINKS (2)  
\$2.25

TURKEY SAUSAGE (2)  
\$2.25

BREAKFAST POTATOES <sup>VG</sup>  
\$2.00

GRIDDLED EGG OR EGG WHITE <sup>V</sup>  
\$1.25

**V-VEGETARIAN**

**VG-VEGAN**

**GF-GLUTEN FREE**

**DF-DAIRY FREE**

**CN-CONTAINS NUTS**



THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.