

# SAIC

School of the Art Institute of Chicago

# WEEKLY SPECIALS

## WEEK OF SEPTEMBER 19, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

**CURRY VEGTABLE SCRAMBLE**

Curry Roasted Vegetables

**CHILIAQUILES**

Scrambled Eggs, Salsa Roja, Chihuahua Cheese

**HAM & CHEESE GRITS CASSEROL**

Baked Grits with roasted ham and cheddar cheese

**PANCAKES**

Pancakes with fresh berries and maple syrup

**Cheese Egg Frittata**

Baked Eggs loaded with Cheddar Cheese

**Chef choice**

**Chef Choice**

 **HOTBAR BREAKFAST**

**Cilantro lime roasted Chicken**

Coconut curry stewed potato with tomato and garbanzo Bean

Charred Cauliflower

Cilantro rice pilaf

**Grilled Jerk Chicken**

Jerk Roasted Vegetable Penna

Jamaican Rice & Bean

Jerk Roasted Carrots

**Turkey Chili**

Creamy Mac & Cheese

Garlic Herb Roasted potato wedges

Steamed Vegetables

**Spaghetti and Meat ball**

Spaghetti and Roasted Pepper with Marinara

Mash Potato

Roasted summer Vegetables

**Lemon tilapia on spinach**

Linguine with garlic lemon sauce with roasted vegetables

Turmeric rice

Roasted Garbanzo bean and artichoke Hearts

**Chef Choice**

**Chef Choice**

 **HOTBAR LUNCH**

**BOWL**

Sesame chicken Noodle

Roasted cauliflower (V)

**BOWL**

Beef And Barley

Broccoli and Cheddar (VG)

**BOWL**

Bacon Corn Chowder

Minestrone (VG)

**BOWL**

Loaded potato soup

Tomato Basil (V)

**BOWL**

Sweet and Sour Cabbage Soup

Cream Onion and Kale

**BOWL**

Chef's Choice (VG)

**BOWL**

Chef's Choice (VG)

 **HOTBAR SOUP**

 **DINER**

GUTEN TAG

angus beef burger, muenster cheese, caramelized onions, whole grain mustard, pretzel bun

 **GRACE ACRE**

Build your own Salad

Build your own salad with our fresh selection of vegetables, protein, and cheeses

 **CRUST**

BBQ Chicken Pizza

 **FOODHALL**

Hielo Fuego

Build your own Fajitas with your choice of protein and fresh vegetables. Served with your choice of green or red salsa and sour cream