



WEEKLY dish

WEEK OF March 25, 2024

MONDAY

BREAKFAST

Toad In the Hole

LUNCH

Beef & Broccoli

Basil Fried Rice (V)

Sweet Chili Roasted Vegetables (V, GF)

Curry Stewed Lentils (V GF)

SOUP

Chicken Ginger Noodle

Coconut Potato (V)

TUESDAY

BREAKFAST

French Toast

LUNCH

Chicken Alfredo

Tomato Baked Penne (VG)

Italian Roasted Vegetables (V, GF)

Parmesan Mash Potato (GF)

SOUP

Chicken Tortilla

Green Chili Tomatillo (V)

WEDNESDAY

BREAKFAST

Baked Pancake

LUNCH

Penne Italian Sausage & Pepper

Baked Eggplant Parmesan (VG)

Roasted Potato Wedge (V, GF)

Charred Broccoli (V, GF)

SOUP

Loaded Potato (GF)

Corn Chowder (V)

THURSDAY

BREAKFAST

Shakshuka (GF)

LUNCH

Beef Stroganoff

Butter Egg Noodles

Dill Roasted Onion & Cabbage (V, GF)

Roasted Eastern European Potato (V, GF)

SOUP

Beef & Rice

Roasted Vegetable (VG)

FRIDAY

BREAKFAST

Bacon Frittata (GF)

LUNCH

Penne With Bolognese

Baked Eggplant with Marinara

Garlic Roasted Potato (V, GF)

Ratatouille (V, GF)

SOUP

Ham & Potato (GF)

Lemon Rice (V)

SATURDAY & SUNDAY

LUNCH

Chef's Choice

SOUP

Chef's Choice (VG)

CRUST STATION

FEATURED

Margherita Pizza

FORKS DINER

FEATURED

Korean BBQ Burger

VENTURA MARKET

FEATURED

Smokey Jack Panini

V-VEGETARIAN

VG-VEGAN

GF-GLUTEN FREE

DF-DAIRY FREE

CN-CONTAINS NUTS



THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.

WEEKLY dish

WEEK OF April 01, 2024

MONDAY

BREAKFAST

Curry Roasted Vegetable Scramble (GF)

LUNCH

Teriyaki Chicken & Pineapple

Coconut Ginger Rice Noodles (V, GF)

Yellow Rice (V, GF)

Chili Brussels Sprouts (V)

SOUP

Sesame Chicken (GF)

Coconut Sweet Potato (V)

TUESDAY

BREAKFAST

Turkey Frittata (GF)

LUNCH

Mojo Chicken Quarters (GF)

Mojo Grilled Tofu (V, GF)

Spanish Rich (V, GF)

Mexican Black Beans (V, GF)

SOUP

Chicken Pozole

Roasted Vegetable Noodle (VG)

WEDNESDAY

BREAKFAST

Chocolate French Toast

LUNCH

Greek Roasted Pork Chops (GF)

Fennel Orzo (V)

Roasted Potatoes (V, GF)

Lemon Roasted Squash (V, GF)

SOUP

Creamy Lemon Chicken (GF)

Lemon Artichoke (V)

THURSDAY

BREAKFAST

Egg White & Squash Scramble (GF)

LUNCH

Classic Roast Beef (GF)

Penna Vegetable with Marinara (V)

Garlic Roasted Potato (V, GF)

Charred Vegetables (V, GF)

SOUP

Loaded Potato (GF)

Broccoli Cheddar (VG)

FRIDAY

BREAKFAST

Chorizo Scramble (GF)

LUNCH

Southern Fried Chicken

Fried Tilapia with Tartar Sauce

Herb Lemon Rice (V, GF)

Charred Vegetables (V, GF)

SOUP

Chicken Rice (GF)

Minestrone (VG)

SATURDAY & SUNDAY

BREAKFAST

Chef's Choice

SOUP

Chef's Choice (VG)

CRUST STATION

FEATURED

Pesto Chicken Pizza

FORKS DINER

FEATURED

Carnitas Grilled Cheese

VENTURA MARKET

FEATURED

Chicken Parm Flatbread

V-VEGETARIAN

VG-VEGAN

GF-GLUTEN FREE

DF-DAIRY FREE

CN-CONTAINS NUTS



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