

SAIC

School of the Art Institute
of Chicago

WEEKLY SPECIALS

WEEK OF JULY 25, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**CURRY VEGTABLE
SCRAMBLE**

Curry Roasted Vegetables

CHILIAQUILES

Scrambled Eggs, Salsa
Roja, Chihuahua Cheese

**HAM & CHEESE GRITS
CASSEROL**

Baked Grits with roasted ham
and cheddar cheese

PANCAKES

Swedish style Pancakes with
fresh berries and maple syrup

Cheese Egg Frittata

Baked Eggs loaded with
Cheddar Cheese

Cilantro Lime Roasted Chicken

Coconut curry stewed potato
with tomato and garbanzo
Bean

Charred Cauliflower

Cilantro rice pilaf

Grilled Jerk Chicken

Jerk Roasted Vegetable
Penna

Jamaican Rice & Bean

Jerk Roasted Carrots

Chicken Pot Pie

Creamy Mac & Cheese

Garlic Herb Roasted potato
wedges

Steamed Vegetables

Spaghetti and Meat ball

Spaghetti and Roasted Pepper
with Marinara

Mash Potato

Roasted summer Vegetables

Lemon tilapia on spinach

Linguine with garlic lemon
sauce with roasted vegetables

Turmeric rice

Roasted Garbanzo bean and
artichoke Hearts

 **HOTBAR
BREAKFAST**

 **HOTBAR
LUNCH**

 **HOTBAR
SOUP**

 **DINER**

Build your Own Sandwich

Your Choice of bread, cheese, meat and
fresh topping

 **GRACE ACRE**

See You Next Semester!

 **CRUST**

Fresh Baked Individual Pizzas Daily!

Cheese

Sausage

Pepperoni

Veggie

 **FOODHALL**

See you Next Semester!