

SAIC

School of the Art Institute of Chicago

WEEKLY SPECIALS

WEEK of September 18, 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

SOUTHWESTERN SCRAMBLE

pico de gallo and black bean with scramble eggs

CHILAQUILES

scrambled eggs, salsa rojo, chihuahua cheese

HAM & CHEESE GRITS CASSEROLE

baked grits with roasted ham and cheddar cheese

SEASONAL BERRY PANCAKES

pancakes with fresh berries and maple syrup

CHEESE SPINACH FRITTATA

baked eggs loaded with cheddar cheese and spinach

Chef choice

Chef Choice

Cilantro Lime Roasted Chicken

Tofu Fried Rice

Charred Cauliflower

Curry Cilantro Roasted Potato

Roasted Caribbean Chicken

Jerk Fried Tofu and Plantains

Jamaican Rice & Bean

Caribbean Roasted Vegetables

Pork Stew

Creamy Mac & Cheese

Red Bean and Quinoa

Roasted Vegetables

Spaghetti and Meatball

Spaghetti and Roasted Pepper with Marinara

Garlic Herb Roasted Potato

Roasted Seasonal Vegetables

Classic Meat loaf

Penne With Garlic Cream Sauce with Roasted Vegetables

Mash Potato

Garlic Corn and Roasted Vegetables

Chef Choice

Chef Choice

BOWL

Thia Chicken Curry

Hot and Sour (VG)

BOWL

Chicken Pozole

Corn And Black Bean (VG)

BOWL

Ham And Lentil

Vegetable Lentil (V)

BOWL

Creamy Lemon Chicken

Roasted Tomato (VG)

BOWL

Beef Chili

Vegetable Chili (V)

BOWL

Chef's Choice (VG)

BOWL

Chef's Choice (VG)

 **DINER**

Guten Tag

angus beef burger, muenster cheese, caramelized onions, whole grain mustard, pretzel bun

 **GRACE ACRE**

Build your own Salad

Build your own salad with our fresh selection of vegetables, protein and cheeses

 **CRUST**

Hawaiian

 **FOODHALL**

MERRE KAREE

Build your own Bombay style curry bowl with your choice of style, protein, toppings and sauce